

WWPS 048 /2017

13 February 2017

Dear Parents /Guardians of Primary 5 Pupils



**WESTWOOD**  
PRIMARY SCHOOL

## THE GROWING YEARS PROGRAMME

1. The Growing Years Programme on Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. This education is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The goals of The Growing Years (GY) Programme are:

a. To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;

b. To help students know themselves and build healthy relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and

c. To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.

3. Key messages of Sexuality Education, embedded in the GY, are:

- Love and respect yourself as you love and respect others;
- Build positive relationships based on love and respect (which are the foundation for strong families);
- Make responsible decisions for yourself, your family and society; and
- Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.

<http://westwoodpri.moe.edu.sg/administration/sexuality-education>

4. The lessons will be conducted by our trained teachers after school, **on 1 & 2 March, Wed-Thu, from 2pm to 4pm**. Students will be grouped according to their respective gender for customised programme delivery. All pupils will be dismissed via front gate at the end of session, and Pro-teach pupils will return back to their after-school classes. Kindly return the acknowledgement slip to the form teacher by Friday, 17 February 2017.

Yours sincerely

Ng Yeow Ling  
Principal

Inspiring a future-ready, anchor-steady community that flourishes and thrives

Westwood Primary School 维林小学

